



According to legend, State College, PA-based alt/punk band The Holy Cows came together by divine providence to lead humanity toward a new, profoundly transformative spiritual awakening.

This is, of course, debatable.

In more concrete, scientifically measurable terms, The Holy Cows were born as a band on Cinco de Mayo (that's May 5th, gringo) 2004. Two years later **to the day** (May 5, 2006), The Cows release their debut EP, *Mad Like a Cow*, upon a largely unsuspecting public.

Coincidence? We don't think so...

Eight glorious tracks in length, *Mad Like a Cow* offers listeners a fine variety of musical statements—including hard, heavy, politically charged numbers, absurdist goof-offs, straight ahead alt rock, and even an apocalyptic campfire sing-along.

All the tunes were recorded between December 2004 and December 2005, in State College and Boalsburg, PA. They reflect the pervasive tension and disconnection from reality that characterized this rocky period in America, the world, and lead singer Cole Hons' head, in particular.

Though The Holy Cows hardly ever perform live, their mp3s are available for free download at www.theholycows.net, which is also the only place to order a high-fidelity compact disc version of *Mad Like a Cow*, (complete with stunning graphics!)

By the way, if you really, really, really want to see The Holy Cows play somewhere, sometime, tell them and maybe you will. **Stranger things have happened...**

www.theholycows.net * Wide Awake Media * info@theholycows.net

The Holy Cows are (from left to right in the attached picture):

Matt Zelenz—drums, backing vox

Matt was the 3rd guy to join the band, at James' suggestion. He's one hell of a drummer. And he is WAAAAY too good at counting complex rhythms out loud, which really confuses the hell out of the rest of the band. Matt also plays drums in State College party-rock band Mr. Hand. He used to play with Mike in Velveeta. Matt has also taught small children, professionally. We find this alarming.

James Miller—guitars, backing vox, synth bass on red heifers & white buffaloes

James was the 2nd guy to join the band, at Cole's request. This was a very fortunate thing for the Cows, because James' basement is where the songs for *Mad Like a Cow* came together. A highly versatile musician, James also plays bass and sings with State College's JR & Katie band, and used to do the same in Dogtown Road with Cole. When not making music, James gets paid to play with dangerous chemicals.

Mike Lee—bass, backing vox, beer bottles

Mike was the last guy to join the band, at Matt's suggestion. The only full-time musician in The Holy Cows, Mike can be found onstage most nights singing and playing guitar in State College's perennially popular 80s cover band, Velveeta. Mike's keen musical instincts help keep The Cows' songs lean and mean. Without his presence in the herd, the band might still be out there in the pasture, mindlessly chewing the cud until Armageddon.

Cole Hons—lead vox, loops & SFX, acoustic guitar on red heifers & white buffaloes,

Cole founded the band (in his head, at first) because he was encouraged to do so by a disembodied entity who cannot be sufficiently described here. (Or maybe it was just his imagination, combined with a yearning to rock out like he used to in his old band, Dogtown Road). Cole writes things and makes videos for money, sword fights and wrestles his kids for fun, and tries to cook spicy international food for his frighteningly talented wife once a week. He's always working on about 6 new songs. E-mail him if you're curious. (info@theholycows.net)